



## Coronavirus Disease 2019 (COVID-19)

### COVID-19 Everyday Prevention Actions

#### 60 seconds

The Centers for Disease Control and Prevention is working to help keep you and your community safe from COVID-19.

Take the following everyday steps to protect yourself and others:

Get a COVID-19 vaccine as soon as you can.

If you are not fully vaccinated, wear a mask in indoor public places. (Children under the age of 2 should not wear a mask.)

If you are fully vaccinated, wear a mask in indoor public places if you are in an area of substantial or high transmission or if you have a weakened immune system.

Stay 6 feet from others who are not part of your household.

Avoid crowds and poorly ventilated spaces.

Wash your hands often.

Cover coughs and sneezes.

Clean high touch surfaces daily.

For more tips, visit [c-d-c dot g-o-v](https://www.cdc.gov)